



Proclamation

Promoting Student Wellness and Mental Health through Pickleball

WHEREAS, the Gunn High School Pickleball Club was founded to support mental wellness, reduce stress, and build community through the sport of pickleball, a social and accessible activity promoting physical activity and resilience. The Pickleball Club has created a valuable space for stress relief, giving students a welcoming break from academic pressures and the opportunity to connect with peers; and

WHEREAS, the club recently held a mental health awareness event, supported by City of Palo Alto Mayor Greer Stone, to emphasize the positive impact of recreational activities on mental health, underscoring the City's commitment to youth wellness; and

WHEREAS, the club has received generous support from the Palo Alto Pickleball Club, which donated paddles to help make this initiative possible, along with Aireo Sports, which provided additional donations and direct support during the event. These community partners have empowered the Gunn High School Pickleball Club to expand its mission, encouraging students to experience the benefits of physical activity and wellness; and

WHEREAS, the Gunn High School Pickleball Club exemplifies youth leadership, demonstrating a commitment to mental health advocacy and community enrichment in alignment with the City of Palo Alto's values; and

NOW, THEREFORE, I, Greer Stone, Mayor of the City of Palo Alto, on behalf of the City Council, hereby recognize and commend the Gunn High School Pickleball Club for its dedication to student wellness, mental health awareness, and community spirit. We also honor the Palo Alto Pickleball Club and Aireo Sports for their generous support in creating a lasting, positive impact through the game of pickleball.

Presented: December 16, 2024

Greer Stone
Mayor