



PALO ALTO

YOUTH COUNCIL

**City Council
Presentation**

March 17, 2025

Who We Are



- Multiple subcommittees
- 30 Palo Alto teens - 2x as many applications this year
 - Gunn, Paly, Castilleja, Nueva, Crystal Springs, Sacred Heart
- Objectives
 - Connect and educate youth through events, initiatives, and resources
 - Communicate city affairs and global affairs to youth
 - Champion youth concerns to the City Council & Parks and Recreation Commission
 - Increase collaboration with council & commission
 - Conduct relevant research on teen issues

Members & Officers

- **President:** Natya
- **Vice President:** Priscilla
- **Secretary:** Maddie
- **Outreach Specialists (new):** Vin, Anika R.
- **Public Information Officers:** Malcolm, Camille
- **Members:**
Alyssa, Anika D., Anjali, Averie, Charlie, Dani, Dolly, Elsa, Hailey, Jayden, Joshua, Keerath, Lara, Maira, Melinda, McKenna, Michael, Natalie, Rhea, Ruddhra, Sarah, Siyona, Vivian, Zara

Past Accomplishments

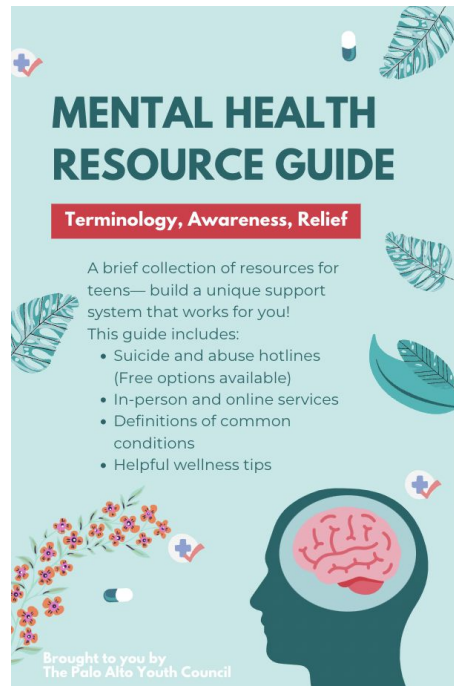
Themes

1. Mental Health / Substance Abuse
2. Civic Education
3. Climate Change



Mental Health Resource Guide - Webpage

- Objective
 - Mental health education & awareness
- Contents
 - Terminology
 - Health Risks
 - Community Resources
- Online and Physical copies
 - Mitchell Park Teen Services Website
 - Mitchell Park Teen Services Instagram



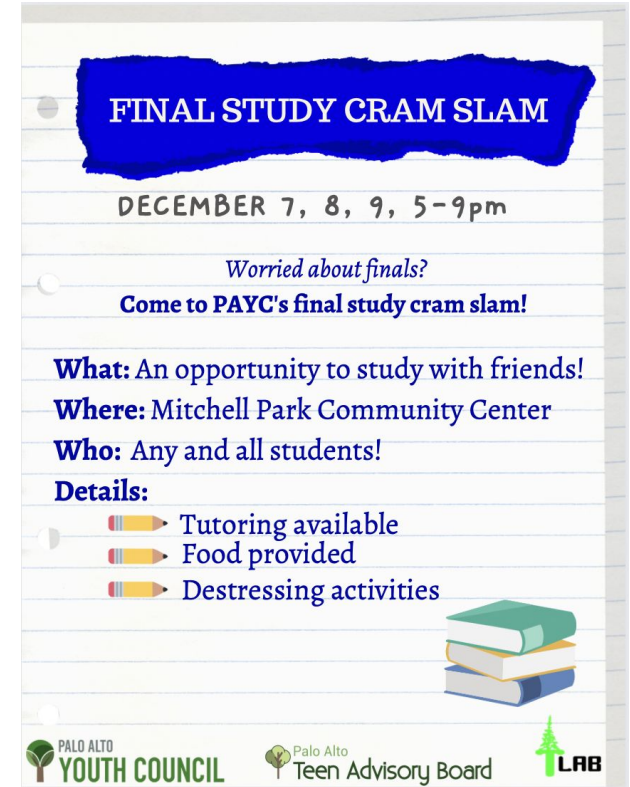
Substance Abuse Video



In Palo Alto students push themselves to

Final Study Cram Slam (Annual)

- Objectives
 - Academic support
 - Anxiety relief
 - Community bonding
- Offerings
 - Study groups
 - Free tutoring
 - Silent study & game room
 - De-stressing activities: therapy dogs, slime-making, etc
 - Free dinner & snacks



Civic Impact Summit

- Objectives
 - Increase political awareness
 - Support voter pre-registration
 - Gain insight from experts
- Offerings
 - Workshops
 - Keynote speaker
 - Civic fair
 - Food



Movie Night

- ▣ Objectives
 - ▣ Community bonding
- ▣ Offerings
 - ▣ Coco showing
 - ▣ Free entry
 - ▣ Free snacks



College Admissions Panel

- ▣ Objectives
 - ▣ Increase awareness about financial aid, essays, and more
- ▣ Content
 - ▣ Two panelists (past admissions officers)
 - ▣ Public Q&A



2024-2025 Goals

Pancakes and Pickleball

- Objectives
 - Youth-city communication
 - Civic education
- All council members, commissioners, and other City officials are invited!
- Bonding over pickleball and food
- March 29, 2025



Youth Issues Census

■ Objectives

- Champion youth concerns to the City Council & Parks and Recreation Commission

■ Questions

- Climate change
- Affordable housing
- Mental health
- School reform



Upcoming events and initiatives

- Earth Day Rally
 - Friday, April 18, 2025
 - Collaboration with PASCC
 - King Plaza
- Palopalooza Event
 - May 2, 2025
 - Mitchell Park Community Center
 - From 5pm - 9pm

Appreciations

- City Council Representatives
- Parks & Rec Representatives
- Advisor: Chris Sanchez
- The Mitchell Park Community Center

Questions

- What are the City Council's primary objectives this year?
- How does the City Council currently communicate with youth?
- How can PAYC best serve the City Council?
- What will collaboration look like between PAYC and City Council?
 - Attending meetings
 - Study sessions

Thank you