



**PALO ALTO**

**YOUTH COUNCIL**

**City Council  
Presentation**

**March 17, 2025**

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# Who We Are

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- Multiple subcommittees
- 30 Palo Alto teens - 2x as many applications this year
  - Gunn, Paly, Castilleja, Nueva, Crystal Springs, Sacred Heart
- Objectives
  - Connect and educate youth through events, initiatives, and resources
  - Communicate city affairs and global affairs to youth
  - Champion youth concerns to the City Council & Parks and Recreation Commission
    - Increase collaboration with council & commission
  - Conduct relevant research on teen issues

# Members & Officers

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- ▣ **President:** Natya
- ▣ **Vice President:** Priscilla
- ▣ **Secretary:** Maddie
- ▣ **Outreach Specialists (new):** Vin, Anika R.
- ▣ **Public Information Officers:** Malcolm, Camille
- ▣ **Members:**

Alyssa, Anika D., Anjali, Averie, Charlie, Dani, Dolly, Elsa, Hailey, Jayden, Joshua, Keerath, Lara, Maira, Melinda, McKenna, Michael, Natalie, Rhea, Ruddhra, Sarah, Siyona, Vivian, Zara

# Past Accomplishments

# Themes

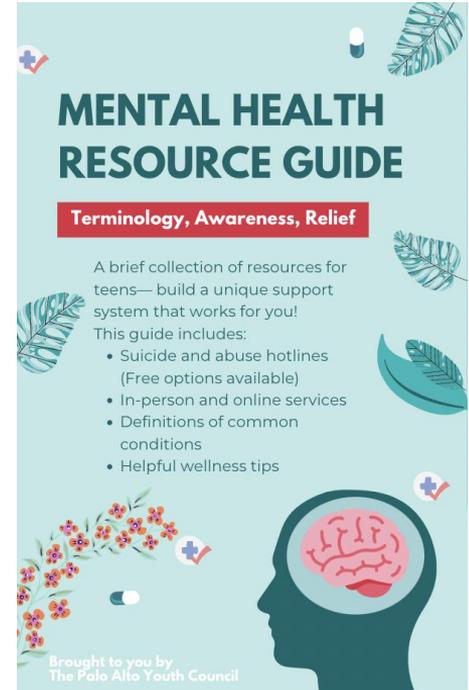
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1. Mental Health / Substance Abuse
2. Civic Education
3. Climate Change



# Mental Health Resource Guide - Webpage

- Objective
  - Mental health education & awareness
- Contents
  - Terminology
  - Health Risks
  - Community Resources
- Online and Physical copies
  - Mitchell Park Teen Services Website
  - Mitchell Park Teen Services Instagram



# Substance Abuse Video

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In Palo Alto students push themselves to

# Final Study Cram Slam (Annual)

- Objectives
  - Academic support
  - Anxiety relief
  - Community bonding
- Offerings
  - Study groups
  - Free tutoring
  - Silent study & game room
  - De-stressing activities: therapy dogs, slime-making, etc
  - Free dinner & snacks

**FINAL STUDY CRAM SLAM**

DECEMBER 7, 8, 9, 5-9pm

*Worried about finals?*  
**Come to PAYC's final study cram slam!**

**What:** An opportunity to study with friends!  
**Where:** Mitchell Park Community Center  
**Who:** Any and all students!

**Details:**

-  Tutoring available
-  Food provided
-  Destressing activities



# Civic Impact Summit

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- Objectives
  - Increase political awareness
  - Support voter pre-registration
  - Gain insight from experts
- Offerings
  - Workshops
  - Keynote speaker
  - Civic fair
  - Food



# Movie Night

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- Objectives
  - Community bonding
- Offerings
  - Coco showing
  - Free entry
  - Free snacks



# College Admissions Panel

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- Objectives
  - Increase awareness about financial aid, essays, and more
- Content
  - Two panelists (past admissions officers)
  - Public Q&A



# 2024-2025 Goals

# Pancakes and Pickleball

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- ❑ Objectives
  - ❑ Youth-city communication
  - ❑ Civic education
- ❑ All council members, commissioners, and other City officials are invited!
- ❑ Bonding over pickleball and food
- ❑ March 29, 2025



# Youth Issues Census

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- Objectives
  - Champion youth concerns to the City Council & Parks and Recreation Commission
- Questions
  - Climate change
  - Affordable housing
  - Mental health
  - School reform



# Upcoming events and initiatives

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- Earth Day Rally
  - Friday, April 18, 2025
  - Collaboration with PASCC
  - King Plaza
- Palopalooza Event
  - May 2, 2025
  - Mitchell Park Community Center
  - From 5pm - 9pm

# Appreciations

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- City Council Representatives
- Parks & Rec Representatives
- Advisor: Chris Sanchez
- The Mitchell Park Community Center

# Questions

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- ❑ What are the City Council's primary objectives this year?
- ❑ How does the City Council currently communicate with youth?
- ❑ How can PAYC best serve the City Council?
- ❑ What will collaboration look like between PAYC and City Council?
  - ❑ Attending meetings
  - ❑ Study sessions

Thank you